

August 2017

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

	1	2	3	4	5	6
7 6-8pm Training w/ Ira	8	9	10	11	12 10am-2pm Training w/Ira	13
14 6-8pm Training w/ Ira	15	16	17	18	19 10am-2pm Training w/Ira	20
21 6-8pm Training w/ Ira	22	23	24	25	26 10am-2pm Training w/Ira	27
28 6-8pm Training w/ Ira	29	30	31			

September 2017

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

				1	2 10am-2pm Training w/lra	3
4 6-8pm Training w/ lra	5	6	7	8	9 10am-2pm Training w/lra	10
11 6-8pm Training w/ lra	12	13	14	15	16 10am-2pm Training w/lra	17
18 6-8pm Training w/ lra	19	20	21	22	23 10am-2pm Training w/lra	24
25 6-8pm Training w/ lra	26	27	28	29	30 10am-2pm Training w/lra	

October 2017

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

						1
2 6-8pm Training w/ Ira	3	4	5	6	7 10am-2pm Training w/Ira	8
9 6-8pm Training w/ Ira	10	11	12	13	14 10am-2pm Training w/Ira	15
16 6-8pm Training w/ Ira	17	18	19	20	21 10am-2pm Training w/Ira	22
23 6-8pm Training w/ Ira	24	25	26	27	28 10am-2pm Training w/Ira	29
30 6-8pm Training w/ Ira	31					

November 2017

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

		1	2 6-8pm Training w/ Ira	3	4 10am-2pm Training w/Ira	5
6 6-8pm Training w/ Ira	7	8	9 6-8pm Training w/ Ira	10	11 10am-2pm Training w/Ira	12
13 6-8pm Training w/ Ira	14	15	16 6-8pm Training w/ Ira	17	18 10am-2pm Training w/Ira	19
20 THANKS- GIVING BREAK	21	22	23 THANKS- GIVING BREAK	24 THANKS- GIVING BREAK	25 THANKS- GIVING BREAK	26
27 6-8pm Training w/ Ira	28	29	30			